



# ULTRASOUND REQUEST FORM

SPECIALISING IN ULTRASOUND FOR  
 • Paediatrics • Obstetrics • Gynaecology  
 • Pelvic Floor • General • Vascular

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 North Adelaide SA 5006  
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 P (08) 8361 6836 F (08) 8361 6834  
 E admin@specialistimaging.com.au  
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## PATIENT DETAILS

## EXAMINATION REQUESTED

## CLINICAL DETAILS

LMP (if applicable) \_\_\_\_\_  E (if pregnant) \_\_\_\_\_ Based on LMP/Scan/IVF \_\_\_\_\_

## REFERRER DETAILS

## COPY TO

### REFERRER SIGNATURE \_\_\_\_\_

### DATE \_\_\_\_\_

PLEASE BRING THIS REQUEST FORM, YOUR MEDICARE CARD, PENSION AND HEALTHCARE CARDS AND ALL RELEVANT PREVIOUS FILMS WITH YOU.

## PATIENT PREPERATION DETAILS [ Please bring this form to your appointment ]

Your appointment time

Date

## PLEASE BRING THIS REQUEST FORM WITH YOU, YOUR MEDICARE CARD, HEALTHCARE AND PENSION CARDS AND ALL RELEVANT PREVIOUS FILMS.

### ULTRASOUND OF ABDOMEN

Nothing to eat 6 hrs prior to your appointment. You can drink water if required.

No smoking for 6 hrs prior to examination.

### ULTRASOUND OF KIDNEYS AND BLADDER

Patients will need to arrive with a full bladder.

Drink 500mls of water an hour before the scan.

### FEMALE PELVIC ULTRASOUND

It is routine to perform a transvaginal (internal) ultrasound unless otherwise indicated. The scan is best performed between Day 3 – 10 of your cycle.

If you are having a transvaginal ultrasound, a full bladder is NOT required, just a couple of glasses of water generally is enough.

If you are having a transabdominal (external) pelvic ultrasound only, a full bladder is essential.

Drink 500ml of water an hour before the scan.

### ENDOMETRIOSIS ULTRASOUND

This is a detailed scan for deep infiltrating endometriosis. Bowel preparation may be required.

Please call our rooms for further details.

### 3D/4D PELVIC FLOOR ULTRASOUND

An empty bladder is required

### PREGNANCY ULTRASOUNDS

A full bladder is required. Drink 500ml of water at least 1hr before your appointment. Patients > 32 weeks do not require any preparation. It is important to bring all other previous films/reports related to your current pregnancy.

### ULTRASOUND FOR CHILDREN

For young children, it is often useful to bring a bottle, drink or snack as well as a favorite toy or book to help keep your child as comfortable as possible. Parents are encouraged to stay with their children throughout the examination. Your child will need to keep relatively still during the scan so that the sonographer and radiologist can obtain all the information that is required. If not required to fast, a feed prior to the examination is often helpful.

### ULTRASOUND OF ABDOMEN FOR CHILDREN

No solids, milk or fizzy drinks prior to your child's appointment. For children under 1 yr no fasting is required, in fact, a feed prior is often helpful.

Under 5 yrs, please fast for 4hrs and over 5yrs for 6hrs prior to the examination.

Water or clear fluids can be given whilst fasting. It is often helpful to have some fluid in the bladder for all abdominal ultrasounds.

### ULTRASOUND OF PELVIS, KIDNEYS AND BLADDER FOR CHILDREN

For best results, the bladder needs to be full. Your child should empty their bladder 1hr prior to the examination and then drink 3-4 large glasses of water or juice. Your child should not go to the toilet to empty the bladder after drinks have been taken.

After hours and Saturday appointments may be available upon request.



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**P** 2HR PARKING King William Road, Brougham Place, Bagot Street, Pennington Terrace, Palmer Place