



ASK Your Prenatal Healthcare Provider

What can I learn from the Harmony test?

How does Harmony differ from other Down syndrome tests?

What are the advantages of using Harmony rather than traditional tests?

Do you offer the Harmony test in your office or through a laboratory?

How can I find out how much the Harmony test costs?

When and how will you notify me of the Harmony test result?



Understand your testing options by watching this educational video

harmony™
PRENATAL TEST



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Visit us at harmonytest.com, where you can find more questions to ask your doctor about Harmony.



harmony™
PRENATAL TEST

Clear ANSWERS
to Questions that Matter

Three Simple Steps to Clarity



1. At 10 weeks or later, you get a simple blood test.



2. Your blood sample is sent to the Harmony laboratory, where it is analyzed.



3. Your results are sent to your healthcare provider in about seven business days.

Your Results

The test result will give you a clear answer about the risk to your pregnancy of having any of the genetic conditions included in the test.

Non-invasive prenatal testing based on cell-free DNA analysis is not considered diagnostic.

Once you have your Harmony test results, you can discuss your pregnancy care with your healthcare provider.

For help, email clientservices@ariosadx.com or call **1-855-9-ARIOSA** (855-927-4672)

Outside the USA, call **+1 925-854-6246**

www.harmonytest.com

1. Norton M, et al. NEJM DOI: 10.1056/NEJMoa1407349 (published online April 1, 2015)
2. Nicolaides et al. Am J Obstet Gynecol. 2012 Nov;207(5):374.e1-6.
3. Nicolaides et al. Fetal Diagn Ther. 2014;35(1):1-6.
4. Hooks et al. Prenat Diagn. 2014 May;34(5):496-9.



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HARMONY PRENATAL TEST is a new DNA-based blood test for Down syndrome. Harmony is more accurate than traditional tests and can be performed as early as 10 weeks in pregnancy.

CONGRATULATIONS

on your pregnancy! Now that you are pregnant, supporting your baby's development is your top priority.



| CLEAR ANSWERS TO QUESTIONS THAT MATTER

Harmony versus Traditional Down Syndrome Tests¹

	FALSE-POSITIVE RATE*	DETECTION RATE**
HARMONY Prenatal Test	Less than 1 in 1,600	More than 99 in 100
TRADITIONAL First Trimester Screening***	1 in 20	79 in 100

* Reports a high risk for Down syndrome when it is NOT actually present

** Correctly indicates a high risk for Down syndrome when it IS present

*** Serum PAPP-A, total or free β -hCG & Nuchal Translucency

Introduction

During your pregnancy, your healthcare providers will offer various tests to help you assess the baby's health.

As part of your care, you will be given the option to test for Down syndrome, a rare genetic condition that affects physical and mental development.

Experts Support Down Syndrome Testing

Some genetic conditions run in families. Others, like Down syndrome, typically do not. They can happen in any pregnancy.

Although the risk of Down syndrome increases with age, most babies with Down syndrome are born to women under 35 years of age.

That is why the American Congress of Obstetricians and Gynecologists (ACOG) recommends all pregnant women be offered a test for Down syndrome.

What is Harmony?

When you're pregnant, your blood contains fragments of your baby's DNA.

Harmony Prenatal Test is a new type of test that analyzes this DNA in a sample of your blood to predict the risk of Down syndrome (trisomy 21) and two other genetic conditions, trisomy 18 (Edwards syndrome) and trisomy 13 (Patau syndrome).

For Women of Any Age or Risk Category

Traditional blood tests can miss as many as 20% of Down syndrome cases in pregnant women.¹

Harmony was developed to be a more accurate prenatal Down syndrome test for women of any age or risk category. It is a new DNA-based blood test that has been extensively tested in pregnant women ages 18-50 for trisomy 21.^{1,2}

A More Accurate Test

Harmony has been shown in clinical testing to identify greater than 99% of Down syndrome cases and to have a false-positive rate of less than 0.1%.

Clarity Early

Harmony Prenatal Test requires a single blood draw and can be done as early as 10 weeks or later in pregnancy.

Results are usually available in about seven business days. Other commonly used screening tests for Down syndrome are performed later in pregnancy and may require multiple office visits.

Minimizes Need for Follow-up Tests

The greater accuracy and low false-positive rate of Harmony compared to traditional tests may minimize the chance further screening testing would be recommended due to a false-positive result. Follow-up testing might include an invasive procedure, such as amniocentesis.

Fetal Sex Chromosomes

Harmony Prenatal Test can also be used as early as 10 weeks to evaluate X and Y sex chromosomes.^{3,4}

You have the option to test for conditions caused by having an extra or missing copy of the X or Y chromosomes, including Turner and Klinefelter syndromes.



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